

PLACE

104 Jenks St
Brookville, PA US 15825

DESCRIPTION

The first annual Brookville YMCA No Limits Triathlon will take place on Saturday, August 13, 2022 at the Hickory Grove Elementary School. This event was created to bring individuals from the local and surrounding communities together to experience the joy and excitement of physical activity and friendly competition. This year's donations and event profits will go towards establishing scholarships for Brookville Area School District seniors on the cross country and swim teams who will be pursuing a college education or workforce career post-graduation. Our vision for the future is to continue funding the scholarships while also creating more opportunities for the community to gather together to participate in health-enhancing activities.

Join us on Saturday, August 13th, 2022 at 7:00am!

Event 1: Open Triathlon (Open Triathlon Individual - \$20 // Open Triathlon Team - \$30)

The event kicks off with an open triathlon. Individuals or teams of 2-3 will push themselves to cover the 300 yard pool swim, 2.5 mile bike, and 1 mile run. The 300 yard pool swim will be done in the Hickory Grove Elementary pool. Race participants will make the quick transition after the swim leg, mount their bikes, and cover the bike course which is made up of technical turns, exhilarating downhills, quick uphill and flat straight stretches on speedy road surfaces. The 1 mile run follows the bike leg and ends at the finish line near the transition zone.

Event 2: Youth Triathlon (Youth Triathlon - \$15)

This year's event will host a special youth triathlon. Young triathletes ages 11 & under will be given a unique opportunity to compete in a triathlon which was designed with them in mind. A pool swim, simple paved bike course, and flat out and back run course will give these young triathletes an opportunity to experience joy during their event.

*Parents/guardians must be present to assist their child during their event.

Event 3: TRIathlon (TRIathlon Individual - \$30 // TRIathlon Team - \$40)

Event 3 will challenge even the most experienced triathletes. Participants will complete the 300 yard swim, 2.5 mile bike, and 1 mile run THREE consecutive times. No clock stoppage, no rest breaks--just back-to-back-to-back triathlons. Event three can be done individually or by a team of 3 athletes--one to complete the swim leg, one to complete the bike leg, and one to complete the run leg.

- **Exciting Giveaways**

- **Event T-shirts**

- **Participant Awards**

Donations for the event will be collected online or race day morning. We look forward to seeing you all at this year's No Limits Triathlon.

THE BROOKVILLE YMCA 1ST ANNUAL 2022 NO LIMITS TRIATHLON



Event profits will be used to establish scholarships for BASD Cross Country & Swim Team athletes

Saturday, August 13th, 2022
Hickory Grove Elementary
Brookville, PA

EVENTS FOR ALL AGES



1 SWIMMING 2 BIKING 3 RUNNING
GIVEAWAYS / T-SHIRTS / AWARDS

But Jesus looked at them and said, "With man this is impossible, but with God all things are possible."

RACES	AGES	OPTIONS	SWIM	BIKE	RUN
OPEN	12 & UP	TEAM OR SOLO	300 YARDS	2.5 MILES	1 MILE
YOUTH	11 & UNDER	SOLO	25 YARDS	0.30 MILES	0.20 MILES
TRI	15 & UP	TEAM OR SOLO	300 YARDS	2.5 MILES	1 MILE

PRE-REGISTRATION & RACE-DAY
REGISTRATION AVAILABLE

REGISTRATION & PACKET
PICK UP :
7:00am-8:00am

OPEN Triathlon begins at
8:15am followed by the
Youth Triathlon and TRI

MORE INFO EMAIL ETHAN:
ethan.brentham9@gmail.com

Registration information can be found on
<http://www.brookvilleyymca.com/>



KEY

- SWIMMING POOL
- BIKE ROUTE
- RUN ROUTE
- TRANSITION ZONE

COURSE INFO

- SWIM: 300 YARDS
- BIKE: 2.5 MILES (2 LAPS OF 1.25 MILES)
- RUN: 1 MILE (1 LAP OF 1 MILE)

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2022 NO LIMITS the
TRIATHLON

